

Terms of Reference Prevention Strategy – maximising independence and demand management Task and Finish Group

Context

Members of the People Overview and Scrutiny Committee are conscious that the demand for Social Care is rising each year as people are living longer and there are more people living with complex and long-term conditions. This task and finish group has been commissioned to understand the current position of prevention and demand management within the Shropshire health and care system and then to use this context to examine what an effective falls pathway looks like by sharing existing best practice, benchmarking with other similar places, and setting out what this could look like for Shropshire.

Objectives

- To understand the definition of prevention in the context of social care and how this relates to the wider prevention continuum
- To understand the current position of prevention and demand management within the Shropshire health and care system
- To explore the opportunities for development of the role of prevention and demand management to establish what an effective falls pathway looks like by sharing existing best practice, benchmarking with other similar places, setting out what this means and could be for Shropshire
- To establish the levels of need and demand now and in the future for different aspects of falls services from preventative activity through to interventions after someone has fallen
- To identify whether the data is currently available to be able to demonstrate and measure the impact of prevention and demand management in a fall's pathway
- To make evidence-based recommendations that will promote and embed a focus on prevention, independence, and reduction of demand in the local health and care system in relation to falls

Strategic Links

This piece of work links to the following Council strategic objectives:

- **Shropshire Plan- Healthy People**
 - Single system view to tackle inequalities, get in early yourself, supported by us or by our partners
 - “We will work with partners to develop, commission and deliver the right services and support that meet the needs of children, young people, adults and families in the right place, at the right time.”

Impact expected/Added value

- To make evidence-based recommendations which will help to support the Shropshire health and care systems approach to prevention and demand management of falls. Leading to improved health outcomes for Shropshire residents and reduced demands on the health and care system which occur as a result of person falling.
- A resolution to the issues identified regarding people falling in the Health Watch report Calling for an Ambulance in an Emergency P51

Metrics

- Number of people participating in preventative falls programmes/activities
- Demographics of those accessing the falls prevention services
- Number of ambulance call outs to assist with falls
- Number of ED attendances relating to falls
- Number of hospital beds occupied by people who have fallen
- Number of people requiring additional care due to a fall
- Number of people requiring rehabilitation support due to a fall

Information required

- Briefing on prevention in the context of social care and how this relates to the wider prevention continuum
- Information and data on the current position of prevention and demand management within the Shropshire health and care system
- Evidence of service users' experiences who have engaged with falls prevention services
- Evidence of service users' experiences who have fallen
- Understanding of the system response/s and offer/s to falls and falls prevention and sharing of best practice
- Examples of good practice of prevention and demand management developments relating to falls from other areas of the country
- Trend and demographic information to establish the levels of need and demand now and in the future for different aspects of falls services from preventative activity through to interventions after someone has fallen

Methods to be used

- Officer briefings
- Desk top research
- Evidence from witnesses
- Engagement with system partners
- Engagement with local organisations with knowledge and an interest in prevention and demand management relating to falls e.g., Elevate, Energise
- Benchmarking with other similar county unitary and county councils and health systems to identify examples of best practice from their experience

Timescales

Suggested approach:

- Task and Finish Group reporting back to the committee on the 11/01/2024